

Elise Tykkyläinen

Wings of Freedom



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Elise Tykkyläinen

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PREFACE

CATERPILLAR

My beloved grandmother used to tell me stories when I was a child. One of the stories was about a small caterpillar. I'll tell you that fairy tale here now as well, as I remember it.

Once upon a time there was a small caterpillar, crawling around on the ground. It was moving slowly and clumsily, and bemoaned himself: "Oh, I'm such a small worm and I can just look at the birds in the sky, how freely they fly. I'm so slow and can never move that freely."

The worm slowly crawled up onto a stump in order to see a little further.

A bird flew over him in the sky, and chirped: "You shall get wings, you shall get wings!"

The worm just bemoaned himself and burst into tears. "Such a small worm I am that even the birds make fun of me."

Then there came a strong gust of wind, which threw the worm on the ground. He cried and moaned and snuggled himself into a shelter that he grew around himself and fell into a deep sleep.

In the spring the sun began to shine and its light hit the worm's enclosure. It started to warm up, and the caterpillar began to wake up in his shell. He stretched himself and the enclosure felt too small.

"How is this so narrow now? In the autumn I could still fit inside this very well", he wondered, and popped out of his enclosure.

Suddenly he noticed that he had grown wings. They were huge and beautiful wings and he exclaimed in amazement: "I can fly!" He tried his wings and flew around in amazement here and there and enjoyed his freedom.

The worm had been a larva of a butterfly, and now it was free to fly.

Respecting the memory of Katri Helena Penttinen,
Granddaughter
Elise Tykkyläinen

Larva's enclosion and turning into a butterfly has always been a symbol of freedom to me. We all have butterfly's wings inside ourselves. Each of us is like a small caterpillar inside an enclosure, waiting for the release of our minds and the remembrance of the truth. Through the Course in Miracles I have received a small hint of that freedom. That experience is expanding.

This book consists of conversations that I have written down directly from recordings. These recordings were taken in channelings that I have had at Lea Tikkala's and Harry Tuominen's place in the center for the Course in Miracles in Finland. It is a place where students of the Course in Miracles can meet every year during the spring event and autumn event. I have also been at their place in private channelings.

The text of the book is directly written down from the recording, but I have changed my lines mostly to literary language, so that it would be a little more pleasant to read. The channeler's voice will appear in bold. There are some parts of the text where the recording has been unclear. On those parts I have written down without bolding my assessment of what is

said or intended in that part of the text. However, we should pay close attention to the core message and the content of the text.

The questions in the channeling are mainly about my own life and my own thoughts that I have never had the need to cover up. My openness and honesty may seem odd to some people, however, I believe that there is no reason for anyone to hide what has happened. I think that because life, in the physical world, is like a theater in itself and words on that level are only symbols of symbols, so there is no need to feed the theater with obscurity or dishonesty. What has happened has happened. After all society needs help not shame and cover-up. In my work as a camera operator (and occasional journalist) I bring up things to be “unveiled”, so to speak. I can very well unveil my own story as well in my books as openly; honestly as it is.

I have told my life’s story in my two previous books: *The Seed of New Life* (Publisher Mediapinta 2011, English version Books on Demand 2014) and *Return to the Desert* (Publisher Mediapinta 2012, English version Books on Demand 2015). Between the channelings I am clarifying my situation a little, but if you want to explore my life more deeply, you can read the books mentioned above. They show background about my life more deeply and bring up the reasons why I have asked about these things on the channelings.

During channeling Lea is in deep trance and one can have a normal conversation with her and ask about anything.

The One who speaks through this channeling has often itself stated that “you are me and I am you,” which means that we all can hear that voice in our minds. It is the “higher” part of the collective mind that can be described on several different terms, depending on person’s beliefs in life.

Regardless of what our bodies seem to have done on these physical (sensory detectable) levels, the truth is inside every one of us: the higher part of the mind – the power and wisdom. It is that part of the mind that talks in the channeling. So, channeling is a bit like talking with oneself; with one's own mind.

To Josh Carlson from the memories of summer 2002:

E: What do you see when you look at me?

J: I see a caterpillar. Do you know what a caterpillar is? They are the little worms that will become butterflies after going to sleep and growing in a shelter through the winter.

We had this conversation, when we were playing sort of a mind game, in which a person has his eyes closed, and he thinks about the person next to him. Then he looks at the mental images that arise and describes freely his stream of consciousness and tells the first thing that comes to mind. Josh did not know yet at that time that my grandmother had told me a story about a larva.

(In this kind of game I have also been told that I bring up an image of a running tiger as well.)

What is forgiveness really? What is the ego? What is the true purpose of all human relationships? This book provides answers to these and many other questions in accordance with the teaching of A Course in Miracles.

The book contains conversations where the author asks questions pertaining to her own life from childhood to the present. The answers are provided in the form of channeling through a person who is in deep trance.

The voice that provides the answers is within all of us. Everyone can hear that voice by listening to their inner selves.

"How could I not hear you? After all, you are me and I am you. "



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