

1. Warmup exercises
2. How to open the case
3. Attaching the shoulder rest
4. Statue of Liberty
5. The Elevator shifting exercise
6. The Flying pizzicato
7. The Hammock left hand pizzicato
8. The Binoculars
9. Tightening the bow
10. The bow hold
11. Turning the bow
12. The Angel wings
13. Love The Trampoline
14. How to find the balance point of your bow
15. Stretch & over-play
16. Floating hands
17. Bowing straight
18. The Parisian eye
19. The 3,5 points supporting the violin
20. The Flying carpet bow exercise
21. The Octave game
22. Popcorn
23. Instrument maintenance
24. Shake the dice (preparing for the vibrato)
25. First vibrato
26. The Guitar vibrato
27. The Moving trees
28. Tuning the violin
29. Tuning the lower strings
30. Building the scales
31. Playing with your heartbeat
32. The Grasshopper bow exercise
33. Brushing
34. Flexible balance
35. Levels
36. Legato, détaché, martele, and spiccato
37. Think round
38. How to practice the straight line
39. The Magic thumb challenge
40. The Mirror
41. Music makes friends
42. Brain power
43. Lightness of a pendulum
44. Breakfast practice
45. The Trip of the bow
46. Relaxed as a skeleton
47. Stroking the cat
48. Bowing the ocean
49. Don't suppress the sound
50. Soft & Flexible
51. Mental practice
52. Feeling every grain of sand
53. The Humidifier snake
54. Violin gadgets
55. Roll the bow
56. The Halloween Ghost exercise
57. Combined practice
58. Variations
59. The Three monkeys
60. Playing three string at the same time
61. Chords on four strings
62. The Compass finger
63. Practicing in the hotel room
64. The Never-ending bow
65. How to keep the rosin good
66. Playing slow and fast
67. The Trembling bow
68. The Crawling thumb
69. Rotate the camera
70. Pulling the bow
71. Flexible fingers exercise
72. Counter movements
73. Smooth string crossings
74. What's cooking today?
75. Pronation and supination
76. The Association of skiers
77. The Golden cut
78. Five different pizzicatos
79. Fishing with the bow
80. Love bananas
81. Music makes success
82. Sautillé
83. Study the score
84. Re-hair frequently
85. Road-trip
86. Principles of Menuhin
87. Bel canto
88. Tips How to get rid of bow shaking
89. Tips for Trills
90. Solfège
91. Love three Instruments
92. Jascha Heifetz
93. Dream big
94. Art for peace
95. Cross your fingers & strings
96. My baby
97. Circle of positivity
98. Listen to your body
99. Rock stars of classical music
100. Sparkling eyes
101. Romance
102. Music is like letters from composers
103. Project the sound
104. We want you to practice
105. Youtube violin
106. Clear the notes
107. Your favorite lullaby or cradle song
108. Music books for kids
109. Time Travel Baroque
110. Time Travel Classical period
111. Time Travel Romantic period
112. Time Travel 20th century
113. Time Travel Modernism
114. Contemporary composers
115. Life is better with friends
116. The Returning signal
117. Tips for practicing: Dig deep
118. Tips for practicing: Variations
119. Tips for practicing: Don't overstay
120. Tips for practicing: Playing by heart
121. Tips for practicing: What to do between breaks
122. The Secret agent synchronization 007
123. Intervals
124. Let the music flow through you