

# WHEN TIME MATURES INTO LIGHT

—  
A Little Book About  
Aging



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**When Time Matures Into  
Light**

***A Little Book About Aging***

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Publisher: BoD · Books on Demand,  
Mannerheimintie 12 B, 00100 Helsinki,  
bod@bod.fi

Manufacturer: Libri Plureos GmbH,  
Friedensallee 273, 22763 Hamburg, Germany

ISBN: 978-952-80-8424-2

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## INTRODUCTION

It's official now: I've reached old age.

How do I know?

Not long ago, I filled out a customer satisfaction survey. They always include a section – AGE GROUP. I checked the last box. You know, the one that starts with some unreal number and ends... well, where does it even end? With a + sign!

There it is, in black and white (or white on black, depending on your device settings).

Now I'm officially in the "last box."

And yes, I know aging is a natural part of life, not some rare diagnosis that only a few grandmothers in the neighborhood have. But still, it feels strangely unreal.

How quickly life slips by. One moment, you're rushing around like crazy, driven by work, family, and responsibilities, and the next, you realize that the person staring back at you in the mirror looks wrinkled and gray—and maybe even a bit wiser.

They say wisdom comes with age (though I would've gladly accepted it in my twenties). Now it arrives with all sorts of "small" bonus

features, like knee pain and reading glasses that always seem to be on a table in another room.

This whole aging thing feels like some sort of dream.

Maybe the very fact that it all feels so unreal is a sign that we're living amidst something vast and mysterious. We are part of something we don't fully understand. That faint sense of something beyond might just be an invitation to trust deeply in something permanent and great, and that even when everything feels strange, it's still okay.

Whatever the case, here I am, in the last box. And surprisingly, I find it also feels liberating as well.

"When Time Matures into Light" is a profound and warm-hearted book that invites the reader to reflect on life, aging, and death from a new perspective. The book gently guides the reader toward accepting the inevitable changes of life and discovering peace and purpose in every moment. At the same time, it reminds us that every event is part of a greater plan, leading us toward deeper understanding and ultimate goodness. The book's lighthearted approach to profound topics makes it accessible and offers comforting insights to help navigate even the final stages of life without haste, pressure, or fear of what lies ahead.

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