

AI Against Parental Alienation

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Preface

The idea to make this book came after I saw **my good friend experienced** how heavy can be **the consequences of parental alienation for the guardian of the children** who encountered them. **Luckily that situation** has been resolved **in the way that satisfies all the parties in that matter**. **I have not experienced parental alienation in any form**, and **I do not have any professional background** which means that **I am neither social worker nor lawyer**. **I am a layman who has seen what kind of bad things** to happen **before his eyes for the duration of years**.

This book is heavily based on my book “Tekoäly vieraannuttamisen vastavoimana” ‘in Finnish but **it is not a direct translation** because **I translated by questions to English and asked them to ChatGPT**. An AI chat like ChatGPT **generates its own answers according to the AI model of the AI chat and the available training data**. The reasons why **the answers given by ChatGPT were slightly different were those factors** and the issue that **translating a question from one language to another** means that even though **the question is translated completely correctly it still may lose some of its nuances**.

Because of that **this book** is meant to **be an introduction book for all people** who are **interested in using artificial intelligence (AI) against parental alienation** and **this book is especially meant for the guardians of the children** who are **completely surprised to find themselves in the situations their spouses divorce them and try to alienate their common children from them**. My other goal is **to start a discussion about how AI can**

be used against parental alienation when it is a very new idea to use AI against parental alienation.

It is very important to notice that the person who will experience parental alienation will always be in practice in the weaker position than the person who tries to alienate their common children because the latter has probably planned his/her actions for some time, than children whose legal status is defined as the most important priority in 3. Article of UN Convention on the Rights of the Child or the authorities whose status is based on what the local laws say. Because of that it is unfair for the people who experience parental alienation that they must fight alone to defend their interests and rights. It is a just idea that they can use AI to secure their interests and rights.

Another important issue to mention is that I started to be interested in AI, and I started to test how AI chat would reply to the questions from that topic that I made for it in English and in Finnish. My education is Bachelor of Arts in history and in that way, I used my knowledge in history to test AI chat in that matter. AI chats have required a lot of training material and one good source to acquire that material has the literature considering history which gave me an opportunity to test different AI chats by asking them different questions about history.

The synthesis of these two matters was in idea that should AI be used as a tool and a counterbalance against parental alienation? It is my understanding that there are no books about that issue or if there are books then they are very rare

because **a very advanced AI** which can **communicate directly with the laymen** is in practice **a very new application**.

The short definition of an AI Chat according to ChatGPT is “AI Chat refers to a conversational system powered by artificial intelligence that enables interactions between users and a machine through text or voice. It uses natural language processing (NLP) and machine learning to understand queries, generate responses, and simulate human-like conversations. AI chat systems are commonly used in customer service, virtual assistants, chatbots, and other interactive applications.”

ChatGPT is not the only AI chat which exists. There are other AI chats like Deep AI, Gemini, Co-pilot and Perplexity AI. **It is usually a good idea to use multiple AI chats and compare the answers which they have given.**

One **should not trust AI chats alone** because **they do not replace conversations between the people** and especially **with the professionals** in very problematic situations.

Professionals usually have **a lot of silent knowledge and experience** in their own field available which AI chats do not have. The strength of the AI chats is that they can analyse quickly **very vast databases** and act in **the extremely logical ways**. On the other hand their weaknesses are **lack of transparency** meaning that people feed them with questions and they give back some kind of answers but one cannot monitor the **process** which leads them to those answers and often one cannot see **the sources** that they use producing those answers either which could lead to the situation where one cannot necessarily say that on which the data, the answers that AI chats has given, **is based on**.

In this book I shall only use ChatGPT as a tool because it's **user agreement**'s European version (OpenAI.com, "ChatGPT Europe Terms of Use") mentions the following about the ownership of the Output:

Ownership of content. As between you and OpenAI, and to the extent permitted by applicable law, you (a) retain your ownership rights in Input and (b) own the Output. We hereby assign to you all our right, title, and interest, if any, in and to Output.

One should notice that OpenAI owns ChatGPT, and it reserves the right to use the Input and the Output to develop better AI. It is likely that also other AI developers use this approach. Because of this and **common prudence** one should not feed to AI chats any information **identification information** private people and examples of this information are **addresses** or **social security numbers**. One can ask widely about general issues from them and see how well they reply to the questions that were asked from them.

ChatGPT defines shortly parental alienation regarding the separation of child parents in the following way:

"Parental alienation is a process in which a child is manipulated or influenced by one parent to unjustly reject or fear the other parent, often in the context of divorce or custody disputes. It can involve negative conditioning, false accusations, or limiting contact, leading to emotional distress and damaged parent-child relationships."

It is crucial to define parental alienation because **the goal** of this book is that **AI could be used against parental alienation in different ways**. Because of that it is important to understand

how AI chat understands **parental alienation** when **the parents of the child go separate ways**. It is important to notice that how **exactly** questions **different issues are asked** from AI. One or more critical words which are **present or absent** may **change the nature of the question** and because of that AI may **misunderstand** the question in **the way that the asker didn't intend**.

It should also be understood that AI chats **are not any kind of silver bullets** which would solve problems like waving a magic wand. They are **tools** which can be used to solve the problems which have been encountered but they are as good as are their **AI models** and **the training data** that they have used are.

In addition to that they are **made by man** which means that **they may make mistakes** which means that the information which they **mention on the Output** should be doublechecked from **other sources** like books or from the experts of the topic which was discussed with AI chats if one plans to use that information in practice. One should notice that AI sees **all literal material** whether it is from yellow press articles or lawbooks, **equal** which means that AI does not rank it's source material according to the credibility. AI **may also make typos**, which **are not edited** because **the reader can better analyse the answers of the AI**.

This book references **Finnish legislation** and **the international treaties that Finland has signed and ratified**. However, **laws and treaty obligations vary between countries**. Therefore, anyone **considering applying the information in this book should consult local experts**, such as **child and family law attorneys**, to **ensure compliance with relevant laws and regulations**.

Neither the author, the publisher, nor any associated individuals or organizations assume any responsibility for the consequences of using the information in this book without seeking proper legal advice. These two chapters regarding legal disclaimer were improved by ChatGPT.

Making a Book About AI and Parental Alienation

First it is necessary to give a bit attention to making a good how to use AI against parental alienation. As a topic this is very novel, and it does have a lot of long-term potential. AI applications will not most likely go away and instead of that they are here to stay. When we understand this the role of AI should always be subservient to the people and to serve the mankind's well-being improving it.

Because of that it is necessary to shortly familiarise with making a book about AI when the topic of the book is to use AI against parental alienation. There are reasons to have some understanding of about the nature of AI and how does it work to gain the maximum advantage from AI. This discussion will be a dialogue with AI and there will be comment on the replies that AI has given. One extra reason for this commentary is to create an additional point of view because AI can present in the Output as exhaustively as possible based on it's AI model and the training data. We will start with a question which reasons made possible AI chats like ChatGPT revolution during the first half of 2020s according to ChatGPT.

You said:

Which reasons made possible AI chats like ChatGPT revolution during the first half of 2020s?

ChatGPT said:

The AI chat revolution, including ChatGPT, became possible in the first half of the 2020s due to several key factors:

1. **Advancements in Deep Learning** – Large-scale transformer models (like OpenAI's GPT-3 and GPT-4) improved language understanding and generation capabilities.
2. **Massive Training Data** – AI models were trained on vast datasets from the internet, allowing them to generate coherent and context-aware responses.
3. **Increased Computing Power** – The rise of powerful GPUs and TPUs enabled the training of extremely large neural networks.
4. **Refined Training Techniques** – Methods like Reinforcement Learning from Human Feedback (RLHF) improved response quality and alignment with human preferences.
5. **Cloud Computing & Scalability** – AI models became more accessible through cloud-based deployment, allowing users to interact with them in real time.
6. **Corporate Investment & Competition** – Companies like OpenAI, Google, and Microsoft heavily invested in AI, pushing rapid innovation and widespread adoption.
7. **Mainstream Adoption & Demand** – Businesses, educators, and individuals embraced AI chatbots for productivity, automation, and creative tasks, fueling further development.

These factors collectively drove the AI chat revolution, making sophisticated conversational AI widely available.

A comment to the AI's reply: One can see from the reply that the **AI can analyse** issues in a very logical way when it gave

Parental alienation can tear family apart, but AI (Artificial Intelligence) can help restore the connection between an alienated guardian and the child. It can also provide comfort, support, and help the guardians understand their rights in the midst of alienation.

By the way, even this introduction has been summarized by AI (ChatGPT).

BoD

