

# THE MAGICAL FLUTIST



Exercises for  
Tone and Technique

Katri Rehnström

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Tone and Technique

# About the Author



**Katri Rehnström** (b. Seinäjoki, Finland, 1979) is a Finnish musician and flute teacher. She has completed bachelor's degrees in Classical Piano Pedagogy, Classical Flute Pedagogy and Pop & Jazz Flute Pedagogy. Katri has been teaching the flute and improvisation at music schools in Finland, for example, teaching improvisation to classical flute teachers. Recently she has been working as a freelance flutist in Finland and as a writer of music education material. She has published two improvisation books

entitled *Improkatin ABC* (2023) and *Sävel on vapaa!* (2013) with Annika Gummerus-Putkinen. Katri hopes *The Magical Flutist* will be an inspiring daily practice book for flutists and flute teachers around the world.

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Katri Rehnström



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# Preface

**T**he *Magical Flutist – Exercises for Tone and Technique* was inspired by the tuition of the Finnish flute pedagogue Rainer Risberg. This book brings the exercises and instructions as close to practice as possible. *The Magical Flutist* includes detailed instructions, various exercises, and useful images for improving your tone and technique. The exercises have been organized thematically, so that you can build your practice sessions by picking and choosing exercises from different chapters to suit your needs.

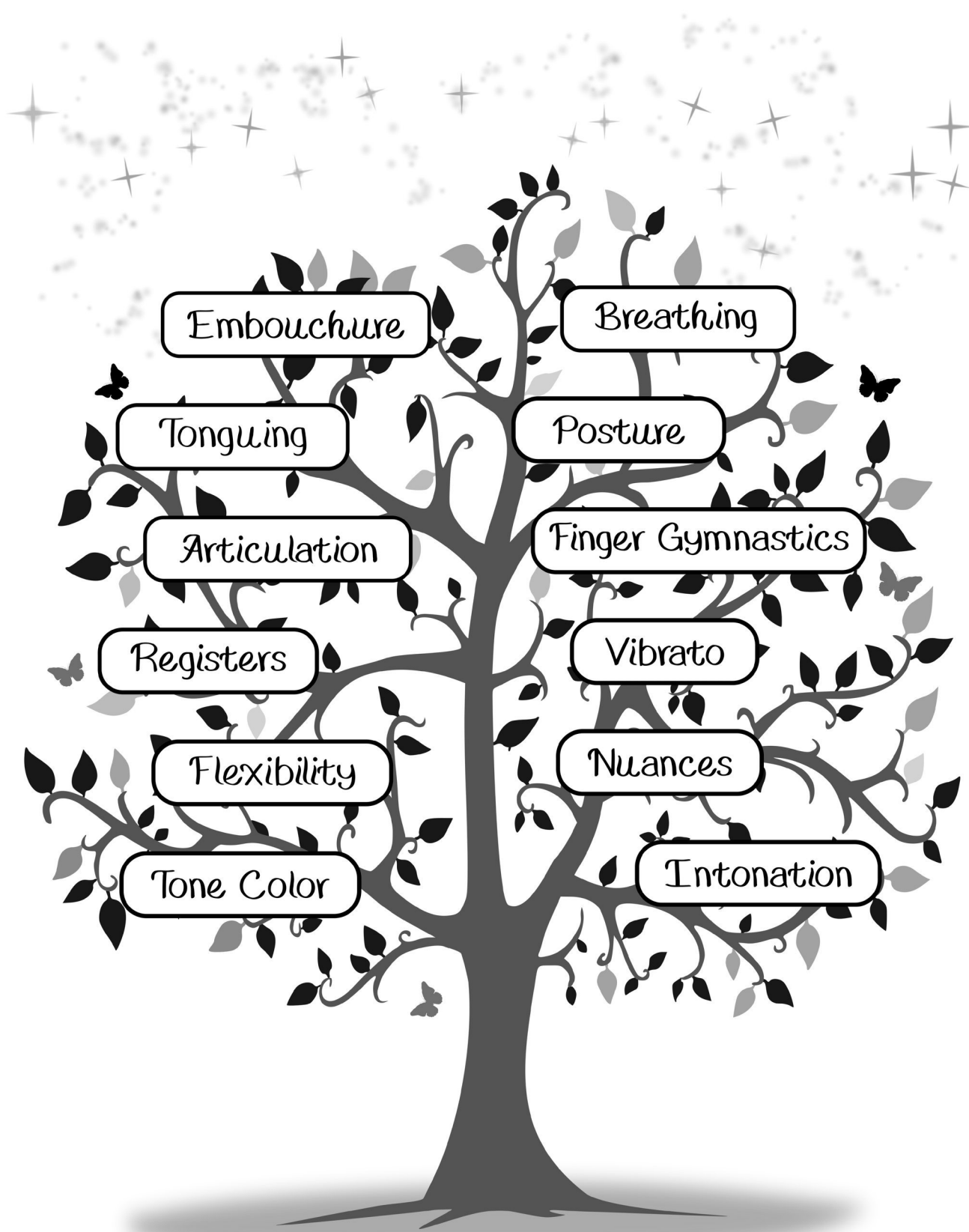
For clarity purposes, the exercises have not been written in all keys. It is recommendable to transpose them into different keys, including the relative minor keys. Learners can transpose the exercises by ear or write them on the blank staff at the end of the book. Approximate tempo markings can be adjusted to the learner's skill level to ease or increase the challenge. *The Magical Flutist – Exercises for Tone and Technique* can be used as teaching material in flute lessons. It is also well suited for an intermediate level self-study.

The idea of this book was born while I was studying towards my bachelor's degree in Classical Flute Pedagogy at the Lahti University of Applied Sciences, Finland, from 2012 to 2016. Because of the closing of the Music and Drama Department and the approaching retirement of Rainer Risberg, I wanted to preserve the exact spirit and approach to flute playing I had enjoyed so much in Rainer Risberg's lessons. The book was also strongly inspired by my own musical path. As I began playing the flute as a secondary instrument in my twenties, I was looking for an intermediate level flute school that would give me a proper introduction to the world of flute playing and help me to practice independently. This book draws on the insights of the wonderful flute pedagogue Rainer Risberg and my own research and discoveries. The legacy of the flute wizard lives on, reminding us that playing the flute is... easy!

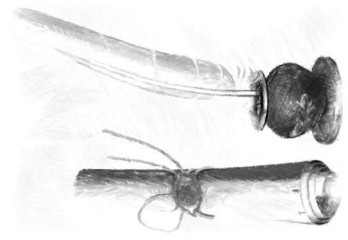
Kuortane, Finland, May 2024  
Katri Rehnström



# Flute Tree







# Practice Journal

Date \_\_\_\_\_

Tone and  
Technique

\_\_\_\_\_

Etudes

\_\_\_\_\_

Repertoire

\_\_\_\_\_

Body Care

\_\_\_\_\_

Note to Self

\_\_\_\_\_



*The Magical Flutist – Exercises for Tone and Technique* was inspired by the tuition of the Finnish flute pedagogue Rainer Risberg. The new version of *The Magical Flutist* (BoD 2025) is now available as an eBook. This intermediate level book includes detailed instructions, various exercises and fun images for improving your tone and technique. The exercises have been organized thematically, so that you can customize different practice sessions by choosing a couple of exercises from each chapter to meet your needs.

Flutists all around Finland have had the pleasure of enjoying the captivating tuition of Rainer Risberg. The collection includes all the best exercises, tips and creative instructions to help you to create a beautiful tone and learn an effortless technique. The practice book is suitable for teaching material in flute lessons. It is also well suited for an intermediate level self-study.



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