

Johanna M Pulkkinen

**A SAFER**

Managing

**WORK**

Work-Related Violence

**DAY**

in Health and Social Care

PRIIMAACO





This book is dedicated to all health and social care professionals, who do valuable work for the good of people every day.

Violence is not part of the job. Work must be safe, valued and sustainable.



Johanna M Pulkkinen

# **A SAFER WORKDAY—**

Managing Work-Related Violence in Health and  
Social Care

PRIIMAACO

▪ 2026 ▪

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Violence does not belong in the workplace. This book offers a comprehensive and practical overview of how the threat of work-related violence can be recognised, managed, and prevented across different health- and social care environments. As a complex and multifaceted phenomenon, work-related violence is examined from multiple perspectives: from leadership structures to everyday interactions, from formal guidelines to organisational culture, and from systemic practices to the lived experiences of individual employees.

The book highlights how the needs of different client groups and the approaches required to manage the risk of violence, can vary significantly. It invites readers to reflect on the issue from the perspective of their own professional role and provides concrete tools for building a safe and psychologically stable working environment.

Whether you are a supervisor, manager, employee, occupational health professional, student, or practitioner in health and social care, this book offers insights that deepen understanding and support the creation of safer working lives.

**Johanna M. Pulkkinen**, PhD in Occupational Health Care, is a multidisciplinary expert in working life development. Her expertise focuses on employee well-being, work ability, workplace safety, and their management. She has a long and diverse career in research and development related to work ability and working life. Pulkkinen is committed to advancing a humane and resilient working life where people can maintain their well-being and work ability throughout their careers.

